

# WILD WINDELLAMA

[www.wild.windellama.com](http://www.wild.windellama.com)

By Paul Alessi

[palessi@tpgi.com.au](mailto:palessi@tpgi.com.au)

## Haunted and Mysterious Australia

Tim the Yowie Man has just released a book that I think many of us will find interesting, he came to visit me at home a few years ago and we discussed a few of the unusual things to be found in Wild Windellama. He has a keen interest in everything out of the ordinary including our very rare and very ancient Ice Age Gum Trees. He has since written an article on them for a scientific magazine and also spoke about them in a presentation at the National Museum in Canberra for Threatened Species Day in 2005.

If you are looking for a special gift for someone or even for yourself for Christmas I recommend you get a copy of Tim's new book.

*Where is Australia's most haunted house or most haunted town?*

*Why are Min Min lights so mysterious?*

*Do bunyips really lurk on Australia's east coast?*

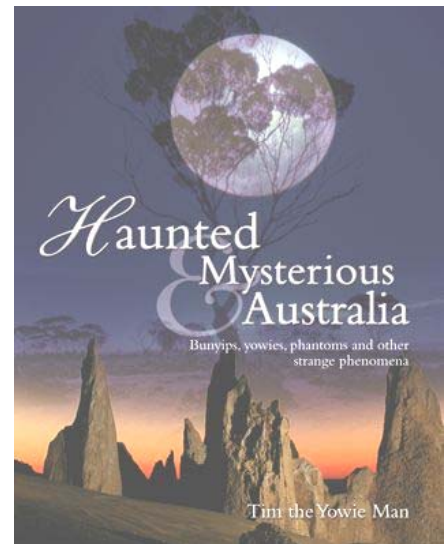
In *Haunted and Mysterious Australia*, renowned paranormal investigator and travel writer, Tim the Yowie Man, explores these phenomena and other perplexing mysteries.

These stories range from poltergeists in tunnels beneath Sydney to ghost ships and spooky goings-on in disused gaols and historic penal settlements.

There are yowies, a rash of ghosts, haunted shipwrecks, a glowing cross, a knife-throwing phantom and a variety of wandering beasts who infest the swamps, forests and highlands of Australia.

Old pubs, railway stations and country houses are a favourite haunt for wandering spirits and uneasy visitors, while Australia's incredible rock formations, caves and grottos yield many rich and mysterious legends.

When all else fails, there's always a UFO or two to pick up the spirits.



Complete with full colour photos, map, illustrations and a comprehensive list of ghost tours, *Haunted and Mysterious Australia* is fascinating reading for anyone with an interest in things that go bump in the night – true believers and skeptics alike.

If you would like a copy of this book personally signed by Tim the Yowie Man, just send \$49.95 (which also covers postage) to Destiny Tours, PO Box 1962, Hornsby Westfield NSW, 1635

## Giant Wombats ?

The National Museum in Canberra has some excellent displays of native animals, past and present, the reconstructed Diprotodon (pictured) is an ancestor of both our Wombats and Koalas. It stands almost 2 metres high at the shoulder and is a most impressive beast. They lived in Australia during the last ice age around 10,000 years ago.



Diprotodon

copyright unknown

It's a good thing we don't have these in our gardens these days.



Diprotodon



Wombat

Koala

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## Horse-ing Around

By Sandy Wooderson



### Part 5 - Buying a horse or pony.

Are you thinking of buying a pony for Christmas? It can be one of the hardest tasks to find the right pony, especially if its for your children or grandchildren.

Their safety is important! A bad experience as a child will put them off horses forever.

Remember the cost of keeping a pony is not cheap and they are a big responsibility. Children growing up with animals and in particular ponies become better adults. That's a fact!

\*First rule is be patient! Don't rush in and buy the first one you see.

\*Word of mouth is the best way to find your pony, but I have purchased ponies at auctions with good results. Take someone with you who knows about horses when you are looking. Saddle/feed shops often have local ponies for sale on notice boards, magazines like 'Horse Deals' or the internet are places to look or you can run your own add.

\*Never buy because you like the colour or looks of the pony.

\*Ask for a trial of the pony, if the owner is reluctant, offer to take out insurance for the asking price of the pony while on trial. That way you are both covered if something happens to the pony while in your care. Livestock insurers should be able to fill this request for a short-term policy. (Elders)

\*A vet check is often a good idea. This way you know if there are any health or soundness problems.

\*A young pony is often to 'green' for an unskilled rider, so shop for an aged pony. 10 years to 20 years is my recommended age. Over twenty you may have some extra costs for care, as older ponies need a little TLC to stay healthy.

\*If the child is small don't buy a huge horse and don't buy a tiny pony for a bigger child.

\*Don't over mount your child. Don't buy a 'second' pony thinking the child will learn to ride it in time.

\*A pony known as 'bomb proof' is worth its wait in gold. They are hard to find because a family will keep them to pass to younger children and they are regarded as part of the family and not for sale.

\*A 'bomb proof' pony may have some little habits like being hard to catch. They are often smarter than the child and have worked out the halter in the child's hand means work. The old saying is the hardest horse in the paddock to catch is the best horse to ride.

\*Children should always be supervised while with the pony no matter how quite the pony is. Ponies learn bad habits fast so always supervise!

\*Beware! There are a lot dishonest people that will take advantage of the fact that you may not be a horse person just yet and sell you a problem horse.

\*There are also lease programmes available if you're not sure about having a pony yet. Riding lessons are good for total beginner families. Once your child rides well your second ponies are much easier to find.

If anyone would like any further information about buying a pony or horse care, you can send a note by E-mail to [Bradley@goulburn.net.au](mailto:Bradley@goulburn.net.au)

Have a great Christmas and New Year and happy Horse – ing around, Sandy.



Monster  
celebration  
snapshots







# Nirvalley Homestead Nursery

629 Cullulla Road, Tarago • 4849 4481

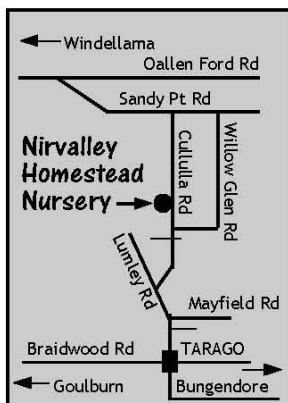
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## In Your Garden

From Irene Turner



### December

Now is a good time to sow many vegetables for harvesting during Autumn.

#### **Seeds to plant now:**

Beans, both climbing and bush; beetroot, cabbages, capsicum, carrots, lettuce, marrows, parsley, parsnips, pumpkins, radish, sweet corn, late tomatoes. If you have lost your tomatoes from the frosts, you can try again. Cauliflowers and broccoli seed and plants can go in now.

#### **Flowers:**

Ageratum, amaranthus, snapdragons, asters, begonia, carnations, celosia, cosmos, dwarf dahlia, dianthus, marigold, nasturtium, petunias, phlox, portulaca, salvia, torenia, verbenas and zinnia.

Watch roses and gladioli; they can be attacked by thrips. It is a very minute insect which sucks the sap from petals and flowers leaving them looking distorted and burnt. You can try chilli or garlic spray or pyrethrum.

Black spot or mildew on roses; you can spray with white oil or bicarbonate fungicide.

Start spraying this month for Fruit Fly; you can try a Dak Pot, it will catch the male fruit fly but it doesn't completely get rid of them. The chemical control for the fruit fly is Rogor or Lebaycid.



### Willow Glen Road Gardeners

Next get together is at the home of

**Gary & Denise Johnson**  
*Gar-den*

**2059 Oallen Ford Road**  
**10am Tuesday 5th December**

Please bring some plants or cuttings to share, and spend a morning with other gardeners.

For more info make your enquiries with Warren Yates on 4844 5350.

### **Barcobonate Fungicide**

1 litre of water; add 2 teaspoons of bicarb of soda; 1 drop of vegetable oil, 1 drop of washing-up liquid. Shake well before spraying.

### **White Oil**

1/2 cup of vegetable oil; 1/2 cup water; 1 drop of detergent. Blend all the ingredients well.

### **Chilli Spray**

Several applications may be needed; works on aphids and soft caterpillars.

Combine a generous handful of hot chillis; add 1 tablespoon of pure liquid soap; add 1 litre of hot water and puree using a blender; cool, strain through a stocking. Transfer to a spray bottle to use.

Wear rubber gloves when handling hot chillis.

### **Garlic Spray**

Soak 2-3 cloves of garlic in 1 cup of vegetable oil for 1 week; strain and add 1 teaspoon of detergent and 1 litre of water; mix well. Put into a spray bottle.

### January

Sow seeds of carrots, parsnips, dwarf beans, sweet corn, beetroot, silver beet, broccoli, brussel sprouts, cabbages, celery, kohlrabi and lettuce.

You can plant seedlings of most of these vegetables except carrots.

#### **Flowers:**

Ageratum, snapdragon, carnations, dianthus, marigold, phlox, petunia and verbenas.

January can be hot and dry, mulch well and deep water where you can. Water roses twice a week down on the roots, not over the bushes, and in the morning if you can. This helps to control fungus.



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## Inside Your Local Council

.... Keeping you in touch with the latest from Goulburn Mulwaree Council.



2006 has certainly been another busy and rewarding Council year. As well as attending all monthly Council and General Purposes meetings I have also been representing you on the Facilities Advisory Committee, the Sports Council Committee, the Southern Tablelands Zone Bush Fire Management Committee, the Southern Tablelands & South Coast Noxious Weeds Committee, the Tarago Park S355 Committee and the Airport Advisory Committee. I have also been attending the Community Outreach meetings at Windellama in September, Bungonia in October and Parkesbourne is coming up on December 12<sup>th</sup>.

With the continuing dry weather the task of ensuring an ongoing water supply for Goulburn has been one of the more challenging items on the Council agenda. Of course access to water is also a major concern for the rural residents and whilst it must seem to some of you that the focus is mostly on the city of Goulburn we do have the villages and property owners on our minds as well. I draw your attention to the associated article in this newsletter about rural access to Goulburn water for domestic purposes.

The dry weather has also had quite an impact on the timeframe of road works. As you can appreciate it is sometimes difficult to access required water and so grading & maintenance & even new work may be delayed.

As many of you are aware there has also been a major focus on the Draft Goulburn Mulwaree Local Environment Plan 2006 that will significantly impact on future planning decision making. This is a huge task and as you know we are working with consultants and the community and you have all been given opportunities to have input.

Currently we are looking at the first draft but there is still a long way to go. Once the councillors have had a good look at the draft it will be put on public exhibition for your input. This LEP will provide statutory information about land use, including specific objectives & zoning information. The Goulburn Mulwaree Annual Report 2005/2006 tells us that, along with Strategy Plan 2020, these documents "will provide detailed guidance about the future direction of the area over the next 15 years."

These documents will focus on issues including "water supply, industrial development, rural land use, new farming practices, population changes and job opportunities." Recreation, culture and heritage are also key factors involved in planning. Council's Social and Community Plan is currently on public exhibition and discussions are currently underway to help formulate a Cultural Plan.

Did you know that Goulburn Mulwaree has "approximately 27,000 people who are distributed between approximately 22,000 city residents and approximately 5,000 residents in villages and rural areas." So you can see that we do undertake a little more activity other than "rates, rubbish and roads."

Speaking of rubbish, Council intends to commence a green waste collection service for Goulburn in 2006/2007 to keep organic materials out of the waste stream. Perhaps we need to consider how to extend this service to the rural villages also.

And so it goes on. This Annual Report gives a very comprehensive overview of Council's workings for the year so if you are interested in having a look, no doubt it is at the library and the front office and could also be accessed via the Council web site.

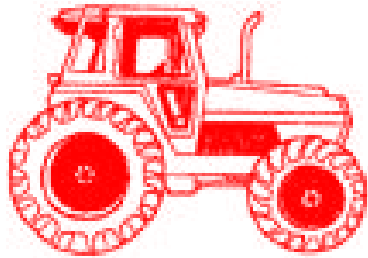
The annual Carols by Candlelight event has certainly been hitting the news lately as a result of Council's efforts to care for Belmore Park by shifting this popular community event to Victoria Park. Due to the short notice of proposing a change of venue this year all parties concerned have agreed that the Carols remain in Belmore Park for 2006 but that discussions & planning should continue with a view to maybe moving this event to Victoria Park in the future.

In closing for 2006 I wish you all a happy and peaceful Christmas with your families and loved ones and I look forward to further serving as your representative during the coming year of 2007 that I hope favours you all.

I can be contacted on 02 48446269 or c/- 694 Collector Road, Tarago 2580 or by email to [dasturqi@goulburn.net.au](mailto:dasturqi@goulburn.net.au) You can also tap into Council on [www.goulburn.nsw.gov](http://www.goulburn.nsw.gov).

Regards, Cr Denzil Sturgiss.

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**ARTHUR DAVEY**

**PH: 4822 8441  
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*"Maxwell Park"*  
379 Inverary Road, Bungonia

**Australian Deer Association**



**A.C.T. & Southern Regions Branch**

The laws regarding deer have changed in NSW!

Our Branch is seeking to contact local landholders with the view to establishing **property-based game management plans**.

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## Goulburn Regional Art Gallery

Goulburn Civic Centre  
Cnr. Bourke & Church Sts, Goulburn  
Ph: 4823 4443

30 Nov.– 9 Dec.

Exhibition of Major Works by TAFE Diploma Graduates

15 Dec.–20 Jan.

Focus on the Gallery's Permanent Collection

15 Dec.–20 Jan.

Penny Hulbert: Synaesthesia

## Arts and Crafts



### Goulburn & District Arts & Craft Centre

Corner Verner & Bourke Streets, Goulburn  
Phone: (02) 4822 7889  
Open 10am to 4pm DAILY

16 Nov.–6 Dec. Artist of the Month — exhibition of textiles by Goulburn High School

from 7 Dec. Exhibition of Christmas Gifts

12 Dec.–17 Jan. Artist of the Month — exhibition of embroidery by Jean Collyer

## BUNGONIA QUILTERS

Meet every Monday morning  
at 9am to 1pm  
at Bungonia Fire Shed.

### The last for this year will be 11th December

If you want to learn how to patchwork  
come along, have a cuppa  
and find out what you need to bring  
to get you started on this addictive craft.

For enquiries phone:

Sharon Alessi 4844-5149  
Cherie Jenkins 4822-4241  
Sandra Williams 4844-4369

## Craft Afternoons at Windellama Hall

We will finish on the last Tuesday in November and will resume on the first Tuesday in February 2007. Thank you to all who come and help us to enjoy the day.

We meet from 1pm to 4pm, and all craft can be practiced. Beginners and craft people welcome.

For more information ring Irene on 4844 5214.



Field Day  
snapshots



## A healthy Lifestyle *always begins with you* - Your Health, Your Decision

Last month while discussing cabbage, one thing I neglected to include was a piece of advice every midwife of my age group knows. For new mothers who are breast feeding wrapping the breasts in dark green cabbage leaves will bring in the milk flow, while placing them on the shoulder blades will stop the flow almost immediately. This is handy to know as it will stop mastitis happening when trying to wean baby.

And now to December. So yet another Christmas creeps up on us. Someone has definitely over-wound the clock or stolen 4 seconds out of every minute making the rat race even more frenetic. I remember when I started dealing with alternate therapies, I read something about interacting with the rat race along the lines:- try to belong only as much as is absolutely necessary! i.e. at home and at play – take time to enjoy life. Try a radiation/frenetic free day – turn **off** the TV, the mobile phone, the computer, micro-wave and any other emitter devices and, oh --- read a book, go for a walk, **or**, just for a change, play **with the kids** (I'm a Lego nut myself, total de-stress mechanism, and who cares about dinner, anyway).

So it should be with food. **Have a no (or minimum) cook day.** Have meusli for breakfast, salad for lunch (recipe below), nuts and fresh or dried fruits for nibbles and a bacon, mushroom, capsicum and cheese omelette for dinner. So easy it's frightening.

The following recipe is called 17 Layer Salad & serves 4-6.

1. Take the **largest** bowl you can find, glass or crystal for best visual effect.
2. Assemble **all** the ingredients **and all the kids, both young and not so young.** (Yes, this does include your partners.)
3. Delegate slicing jobs to the older children, spooning jobs to the younger ones.
4. Sit back and allow the kids to create a layer salad. O.K. You **may** supervise, **but no picking!!!!**

Use any combination, **some or all** of the ingredients. Take any of the following:- lettuce (red or green), cucumber, tomato, corn kernels, baby mushrooms, capsicum slices, onion rings (Spanish for colour), beetroot, diced ham, diced salami, slithers of cooked chicken, sliced or halved hard boiled eggs, school prawns, oysters, pre-grilled sausages, grated carrot, grated cheese, broccoli or cauliflower trees (small ones), orange slices for garnish and pineapple rings & cherry tomatoes for decoration.

Start with lettuce at the bottom, and colour co-ordinate as you fill the bowl, finishing up with orange twists and pineapple slices with cherry tomato centres as garnish. Now if you really feel you must have meat this salad will feed up to 10 as a side dish but the only cooking I would suggest is some Pappadams. Thinly slice potatoes and make home made crisps or some prawn crackers.

You will be amazed at how much salad will be eaten, even by the most finicky of eaters. There is something most satisfying for them in watching the salad grow, and once done, more satisfaction in destroying their creation. (All in a good cause, of course).

There are many different benefits from eating right and with this salad, every food group is well represented, along with a whole range of every vitamin and mineral known to man, alright not **every** one, but most of them anyway. And, as you've all been **sooo** good, how about **cheesecake, fruitsalad & cream or pavlova** for dessert. No, not the whole pav. in one sitting. (What's that I hear, something about eyes in the back of one's head)!!!!

Give me a call on 48494448 or come to the farm to discuss any related matters. If I can help, I will.  
Have a wonderful festive season, whichever faith or creed you follow.

Best regards , Julie Arbalis.



Monster Celebration snapshots